**LESSON PLAN**

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| **Subject**  PE | | **Class**  12 | **Unit**  Risk Management 2.8 | **Topic**  Leadership skills and emergencies |
| **Achievement Objective(s)**  7A3 – Analyse the differences between perceived and residual risks in physical and social environments and develop skills and behaviours for managing responsible action | | | | |
| **Learning Outcome(s) and/or Learning Intentions**  *What should the students learn?*   * List and explain the skills a leader should have when leading outdoor activities such as mountain biking and rafting * Explain what needs to be considered in the case of an emergency | | | **Assessment and/or Success Criteria**  *How do we know what we have learnt?*   * Do now individual work and group/class discussion * Group work – role play/ present verbally an emergency scenario and what you would do | |
| **Key Competency Focus**  *How is this key competency developed in this lesson?*  Thinking – about what makes a good leader in the outdoors and how to deal with emergency situations | | | | |
| **Time** | **Activities** | | **Questions** | |
| *5min*  *5min*  *5min*  *10min*  *25min*  *10min* | **Do now**  List 5 skills that come to mind that you think a good leader in the outdoors should have. Why are these skills important?  Activity 1:   * 5 groups. Assign each group a different heading including ‘personal skills, social skills, activity skills, knowledge and experience’ * Discuss in your groups the important skills necessary to lead an outdoor activity such as mountain biking or rafting that come under your heading. * Share with class. Take notes on each one and discuss why they are important (**explain**)   Activity 2:   * Brainstorm possible emergency situations that might eventuate from duo (give them some examples 🡪) * Answer the questions – can role play or just present to class verbally * Questions: what action(s) would you take if any of these occurred? What equipment should be carried in case of emergency, and how would this help?   Wrap up:  Link back to SLO: | | **Think of your safety and enjoyment**  **Which lot of skills would you feel best about your leader not having? (i.e. which one would you feel safest without?)**  **Make a flow diagram – show then the OGHS one and get them to create one similar**  **E.g.**   * **Hypothermia – (share story on Outward Bound if time)** * **Blisters** * **Severe sunburn** * **Getting lost** * **Broken leg**   **Any others?**  **If I was out tramping with you and I fell on a tree stump and broke my leg, what actions would you take?**  **If I was a raft guide, what skills would you expect me to have?**  **How would you feel if I didn’t have some of these skills?** | |
| **Equipment**   * 5 pieces A4 paper with a heading on each one (personal skills, social skills, activity skills, knowledge and experience * 5 coloured pens * scenario   **Resources**  OGHS Emergency plan | | | | |
| **Teacher Evaluation**  *Student achievement – where to next?*  *Teacher practice – what have I learnt?*  *what will I change?* | | | | |